



# MIAMI COUNTY PARK DISTRICT'S 2023 TRAIL RUN CHALLENGE

## 5 K R A C E S E R I E S

It doesn't matter  
if you walk or run,  
follow the trail to  
better health



LOCATION	IN-PERSON RACE DATE	VIRTUAL DATES	REGISTER BY
Hobart Urban Nature Preserve	May 21	May 21 - May 27	May 4
Garbry Big Woods Reserve	June 11	June 11 - June 17	May 25
Lost Creek Reserve	July 9	July 9 - July 15	June 22
Stillwater Prairie Reserve	August 13	August 13 - August 19	July 27

### GENERAL RACE INFORMATION

- ★ **NO DOGS.** Due to the size of the trails and the safety of all parties, no pets allowed for in-person race.
- Offering a Virtual Option and In-Person Option - must select at time of registration.
- In-Person Race: Check-in begins at 8 a.m. Race starts at 9 a.m.
- In-Person races will include age group awards. There will be no age group awards for the virtual option.
- Virtual Option: Course will be marked for 7 days, dates are listed with race locations
- All races are 5K

### REGISTRATION FEES\*

\*Same fees for In-Person Option and Virtual Option

REGISTRATION	18 & older	17 & under
Early (with t-shirt)*	\$25	\$20
Early (no t-shirt)	\$20	\$15
After Early (no t-shirt)	\$25	\$20
Series (4 t-shirts included)*	\$90	\$80
Series (no t-shirt)	\$70	\$60

\* Deadlines for early registration are listed with race locations and dates above

\* Includes 4 individual race shirts - register by May 4

### HOW TO REGISTER

ONLINE: CantStopRunningCo.com  
BY MAIL: Make checks payable to Miami County Park District  
Miami County Park District  
Trail Run Challenge  
2645 E. St. Rt. 41 Troy, Ohio 45373

### TEAM CHALLENGE

This is a great way to get fit together! Make it part of your health and wellness program or as a team building activity. Details at [MiamiCountyParks.com](http://MiamiCountyParks.com).

### THANK YOU SPONSORS



### FOR INFORMATION

Call: 937-335-6273 Email: [mweaver@miamicountyparks.com](mailto:mweaver@miamicountyparks.com)  
Visit: [MiamiCountyParks.com](http://MiamiCountyParks.com)

### NOTICE OF RISK★

COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal authorities and the State of Ohio recommend social distancing to prevent the spread of COVID-19. Contracting COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Use of Miami County Park District ("MCPD") facilities or participation in MCPD programs could increase the risk of you or your child contracting COVID-19. MCPD and its staff undertakes every effort to keep our facility clean and disinfected; however as with any public facility, we cannot guarantee that you will be 100% safe from airborne illnesses such as COVID-19 or colds and flu while using MCPD facilities or participating in its programs.

NAME: \_\_\_\_\_ GENDER: ☐ F ☐ M

TEAM NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

AGE (RACE DAY): \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

PHONE: \_\_\_\_\_

SHIRT SIZE: ☐ YM ☐ YL  
☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series.

- ☐ Series ☐ Hobart ☐ Stillwater Prairie  
☐ In-Person ☐ Garbry Big Woods  
☐ Virtual ☐ Lost Creek

I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event, INCLUDING from the "NOTICE OF RISK" from above.

SIGNATURE: \_\_\_\_\_

(Parent signature if entrant is under 18)