




MIAMI COUNTY PARK DISTRICT'S 2023 TRAIL RUN CHALLENGE

5 K R A C E S E R I E S

It doesn't matter
if you walk or run,
follow the trail to
better health 

TAKE THE TEAM CHALLENGE

Healthy Lifestyles...Inspired by Nature

Sign up for the Trail Run Team Challenge! It is a great way to encourage members to get fit, healthy and outside. Encourage your company, neighborhood, family and/or friends to take this Challenge by signing up together as a team! The Team Challenge can compliment your healthy lifestyle by providing an opportunity to set and accomplish goals over a four-month period. Remember, the goal is better health, so you don't have to be a runner to participate - walkers are welcomed!

The 2023 Team Challenge competition is based on your team's participation rate. The team with the highest participation rate over the entire series receives five free entries for the 2024 Trail Run Challenge and a 1 hour team outing at the Lost Creek Reserve Corn Maze.

HOW TO REGISTER YOUR TEAM...

1. Choose a team captain/contact person
2. Enlist your friends and co-workers to join
3. Choose a team name
4. Fill out the Team Roster (tip: choose people who will participate, if a team member does not participate, it will count against your team's total participation percentage)
5. Register (on-line or mail-in) for races or series
6. Email team name, team captain, contact information and team roster to Mindy at mweaver@miamicountyparks.com

TEAM SHIRTS: Teams have the option to purchase custom team shirts. They are available for \$10 each. To receive team shirts by the first race, please submit team name/logo to Mindy by April 24. Shirt sizes and quantities must be submitted by May 1 along with payment. All shirts will be given to the team captain for distribution at the first race. You can continue to add team members throughout the series however, special arrangements would need to be made for additional team shirts - extra charges would apply.

HOW TO WIN...

Registered teams will be encouraging their team members to participate in as many races as possible because the goal this year is to have the highest team participation rate over the course of the entire series.

FOR MORE INFORMATION

Call 937-335-6273 or
visit MiamiCountyParks.com

WHAT WILL YOU WIN?

In addition to bragging rights and improved health, the winning team will receive:

- Five free entries for the 2024 Trail Run Challenge Series and a 1 hour team outing at the Lost Creek Reserve Corn Maze

THANK YOU SPONSORS...

