



# MIAMI COUNTY PARK DISTRICT'S 2020 TRAIL RUN CHALLENGE

## 5 K R A C E S E R I E S

It doesn't matter  
if you walk or run,  
follow the trail to  
better health



LOCATION	IN-PERSON RACE DATE	EARLY REGISTER BY
Hobart Urban Nature Preserve	June 29	June 12
Garbry Big Woods Reserve	July 13	July 26
Stillwater Prairie Reserve	August 3	July 17

### GENERAL RACE INFORMATION

- ★ **NO DOGS.** Due to the size of the trails and the safety of all parties, no pets allowed for the races.
- Day of registration & check-in begins at 8 a.m.
- All races are 5K and start at 9 a.m.
- Basic health assessments are offered at every race.
- Prizes awarded for overall top 3 males & females (also the top 3 males & females in each age group).
- No Refunds.

### REGISTRATION FEES

REGISTRATION	18 & older	17 & under
Early (with t-shirt)*	\$25	\$20
Early (no t-shirt)	\$20	\$15
After Early (no t-shirt)	\$25	\$20
Series (3 t-shirts included)*	\$75	\$60
Series (no t-shirt)	\$60	\$45

\* Deadlines for early registration are listed with race locations and dates above

\* Includes 3 individual race shirts - register by May 2

### HOW TO REGISTER

ONLINE: CantStopRunningCo.com  
BY MAIL: Make checks payable to Miami County Park District  
Miami County Park District  
Trail Run Challenge  
2645 E. St. Rt. 41 Troy, Ohio 45373

### TEAM CHALLENGE

This is a great way to get fit together! Make it part of your health and wellness program or as a team building activity. Details at [MiamiCountyParks.com](http://MiamiCountyParks.com).

### THANK YOU SPONSORS



### FOR INFORMATION

Call: 937-335-6273 Email: [mweaver@miamicountyparks.com](mailto:mweaver@miamicountyparks.com)  
Visit: [MiamiCountyParks.com](http://MiamiCountyParks.com)

NAME: \_\_\_\_\_ GENDER: ☐ F ☐ M

TEAM NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

AGE (RACE DAY): \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

PHONE: \_\_\_\_\_

SHIRT SIZE: ☐ YM ☐ YL ☐ No Shirt  
☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series.

☐ Series ☐ Garbry Big Woods ☐ Stillwater Prairie  
☐ Hobart ☐

I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event.

SIGNATURE: \_\_\_\_\_  
(Parent signature if entrant is under 18)