

It doesn't matter if you walk or run, follow the trail to better health

LOCATION	IN-PERSON RACE DATE	EARLY REGISTER BY		
Hobart Urban Nature Preserve	May 19	May 2		
Garbry Big Woods Reserve	June 9	May 23		
Lost Creek Reserve	July 14	June 27		
Stillwater Prairie Reserve	August 11	July 25		

GENERAL RACE INFORMATION

- **The NO DOGS.** Due to the size of the trails and the safety of all parties, no pets allowed for the races.
- Day of registration & check-in begins at 8 a.m.
- All races are 5K and start at 9 a.m.
- Basic health assessments are offered at every race.
- Prizes awarded for overall top 3 males & females (also the top 3 males & females in each age group).
- No Refunds.

REGISTRATION FEES

REGISTRATION	18 & older	17 & under	
Early (with t-shirt)*	\$25	\$20	
Early (no t-shirt)	\$20	\$15	
After Early (no t-shirt)	\$25	\$20	
Series (4 t-shirts included)*	\$90	\$80	
Series (no t-shirt)	\$70	\$60	

* Deadlines for early registration are listed with race locations and dates above

* Includes 4 individual race shirts – register by May 2

HOW TO REGISTER

ONLINE: BY MAIL: CantStopRunningCo.com Make checks payable to Miami County Park District Miami County Park District Trail Run Challenge 2645 E. St. Rt. 41 Troy, Ohio 45373

TEAM CHALLENGE

This is a great way to get fit together! Make it part of your health and wellness program or as a team building activity. Details at MiamiCountyParks.com.

THANK YOU SPONSORS Premier Health RUNNIŃG **Upper Valley Medical Center**

FOR INFORMATION

Call: 937-335-6273 Visit: MiamiCountyParks.com mweaver@miamicountyparks.com

NAME:		_ GENDER: D F
TEAM NAME: Phone:		
AGE (RACE DAY): Address:	BIRTHDATE: _	
CITY, STATE, ZIP:		
EMAIL ADDRESS:		
EMERGENCY CONTACT:		

SHIRT SI	ZE:	ΠYΜ	ΠYL	□ No Shirt				
•						🗆 2XL	🗆 3XL	
RACE	lf yo	u are regis	stering for	a single r	ace, please	check the c	orresponding ra	ce

Email:

box. Check series if you are signing up for the entire series.

□ Series □ Hobart Garbry Big Woods □ Stillwater Prairie Lost Creek

I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event.

SIGNATURE: