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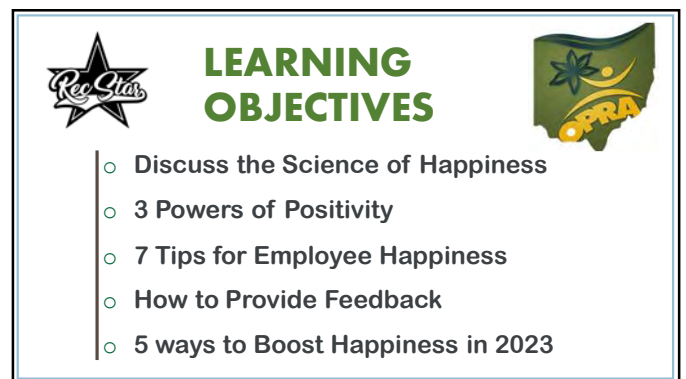
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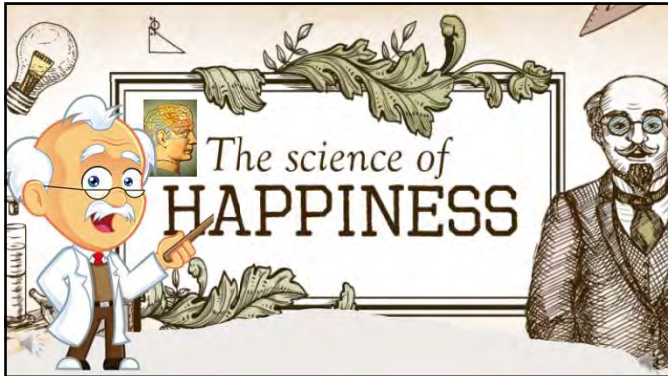
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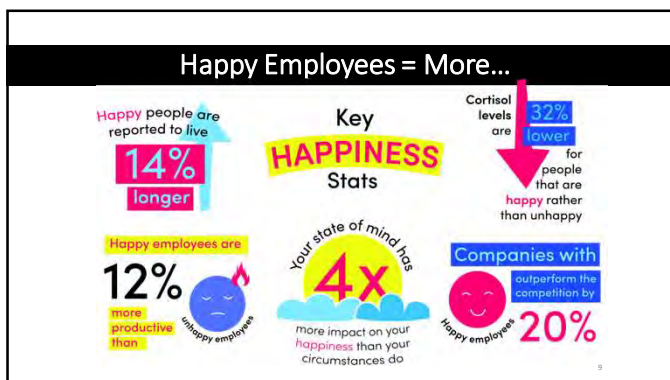
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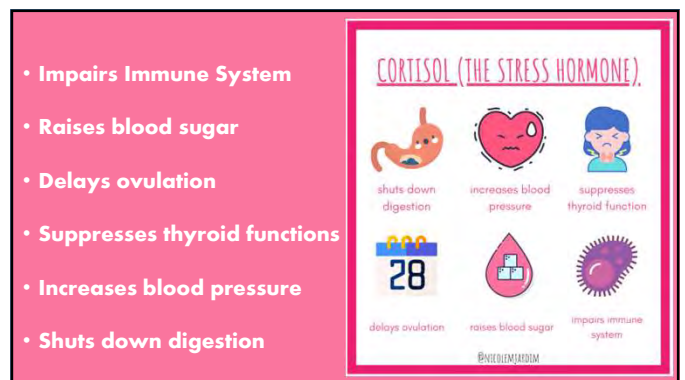
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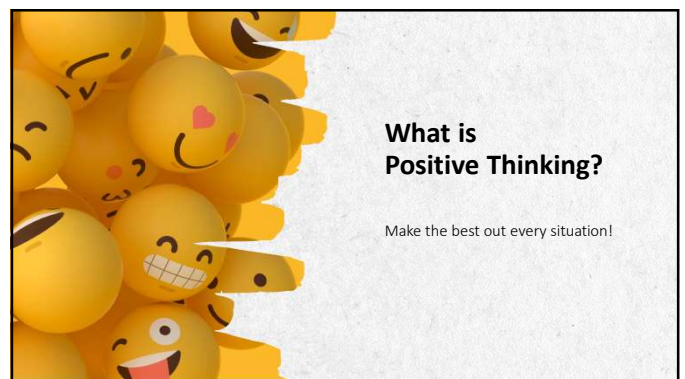
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## Negative Thinking

- Diminishes the brain to think
- Drain the bodies resources
- Attacks Immune System

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## Happiness

Promotes Success in

- Work
- Health
- Relationships

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There is hope. If you or someone you know needs support now, call or text **988** or chat **988lifeline.org**



**988** SUICIDE & CRISIS LIFELINE



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HOW TO MEASURE AND BOOST *Employee Satisfaction*



**7 Tips for Boosting Employee Happiness in the Workplace**

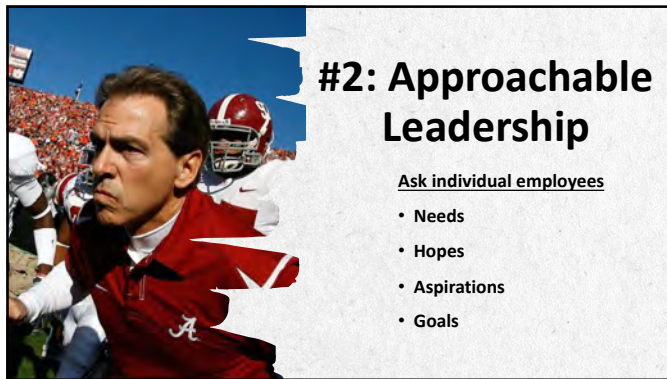
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## #1: Company Culture

1. Safe & Supportive Environment
2. Trust and Belonging
3. Communication, Collaboration & Celebration



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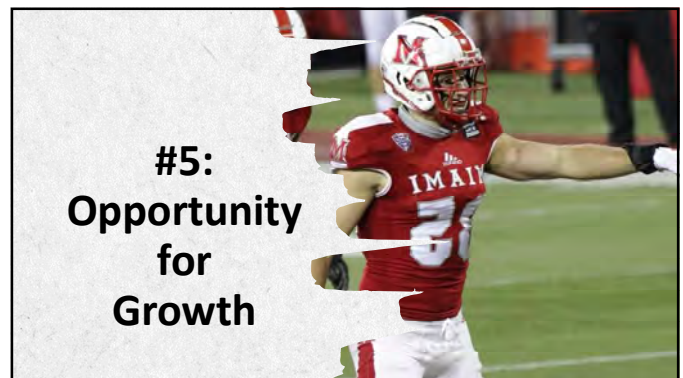
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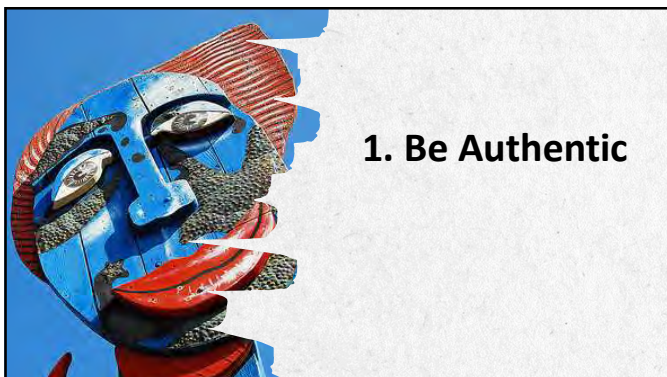
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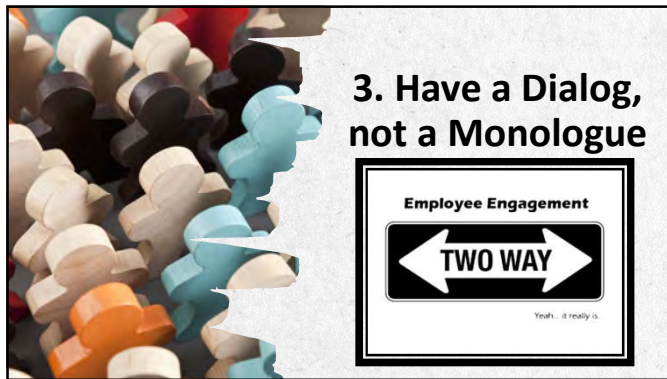
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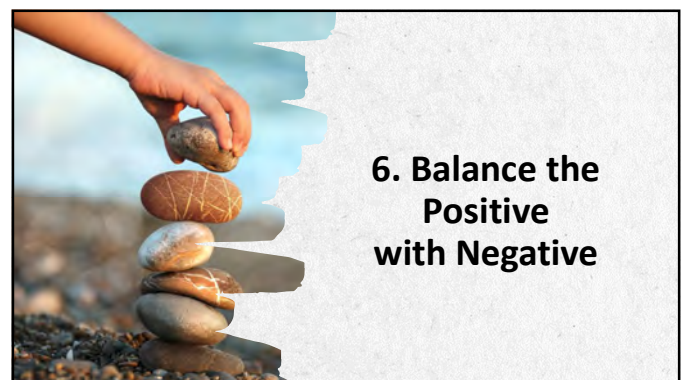
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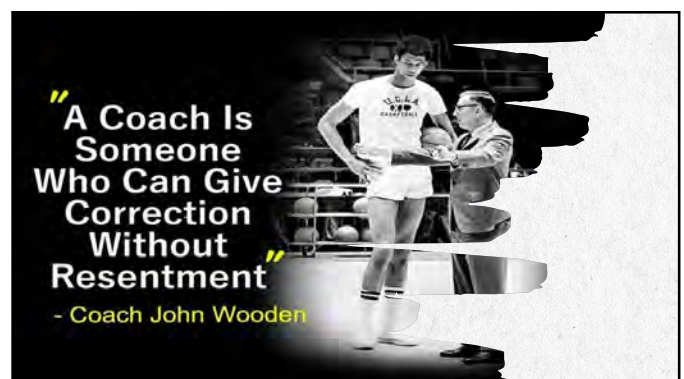
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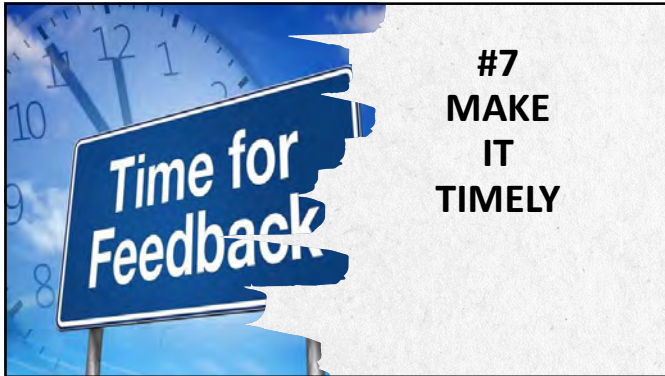


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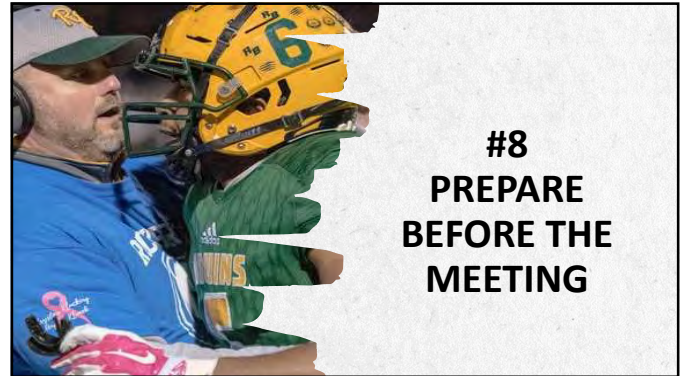


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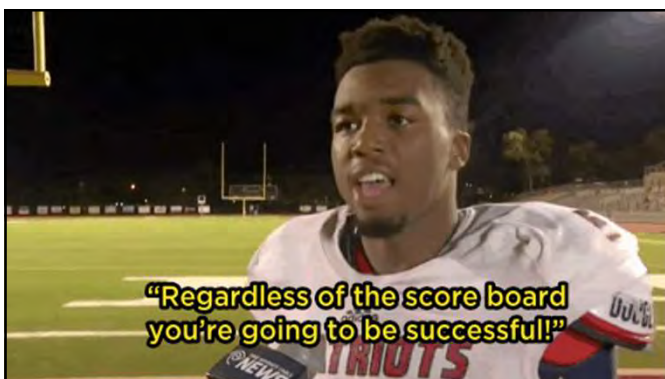
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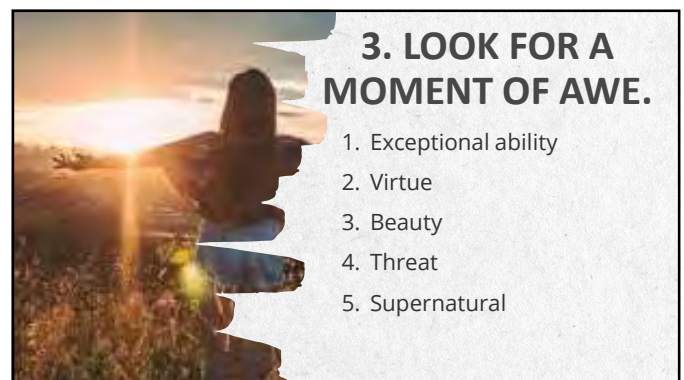
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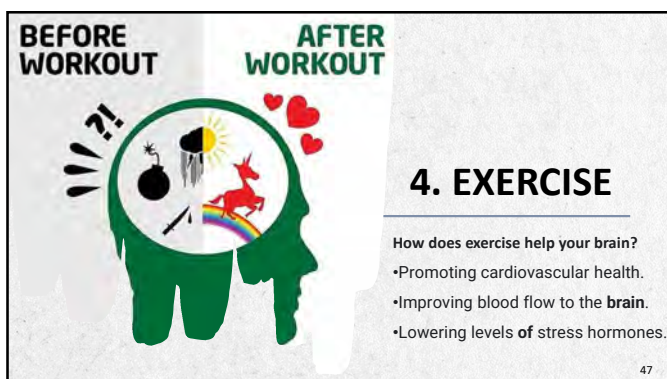
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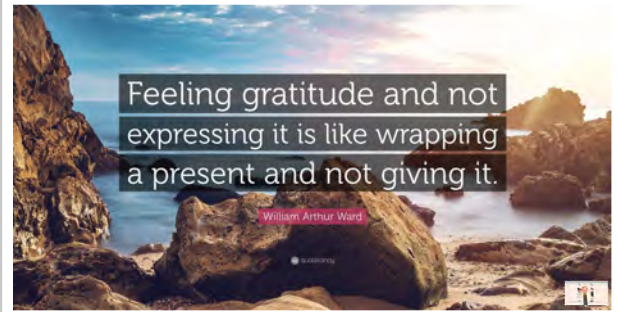
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