

Michele Wierzgac is a leadership expert, keynote speaker, and author of the forthcoming book, Ass Kicking Women: How They Leverage Their Informal Networks For Success.

With her high energy presentations, Michele conveys sound leadership solutions and promotes audience engagement and on-your-feet participation. She promises her audience that they will leave her solution-driven keynotes and workshops with at least one passionate, life transforming leadership tool.

In her spare time, Michele is a Rider Coach for Harley-Davidson's Motorcycle Riding Academy. She has a master's degree in Educational Administration and Leadership from Illinois State University, where she also earned an undergraduate degree in Physical Education and Athletic Coaching while playing volleyball on a NCAA scholarship. For more information on bringing in Michele for your next event, please visit https://micheleandco.com. Email:michele@micheleandco.com Phone: (708) 710-7055

KEYNOTE PRESENTATIONS & SOLUTION-DRIVEN WORKSHOPS

Michele's keynote presentations and solution-driven workshops engage audiences and inspire breakthrough ideas and action plans. Her presentations are customized to assist participants in aligning themselves with organizational goals, culture, responsibilities, and career opportunities. Michele promises to inspire and motivate each individual to reach their full potential and increase an organization's return on investment.

- ★ Ass-Kicking Women: How They Leverage Their Informal Networks For Success
- ★ The Butterfly Effect: Leading With Resiliency
- ★ Establishing Effective Professional Relationships
- ★ Winning Stakeholder Support For Your Ideas
- Remaining Indispensable At Work: Maximizing Your Value
- ★ Portrait Of A True Leader: What It Takes To Lead
- ★ Coaching To Inspire Higher Performance
- ★ Leadership Solutions From The Lady On The Harley
- ★ Building & Maximizing Your Leadership Brand



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MICHELE'S CLIENTS INCLUDE:

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"Michele shares her experiences which enriches her messages."

Vanessa Kane CMP, CMM, Veterans Of Foreign Wars of the United States

"An incredible ability to get to the heart of the issue, help find solutions, and kick us into action."

Kathleen Zwart, Florida Blue Cross & Blue Shield

"Michele is a very enthusiastic keynote speaker encouraging you to do big things in a smart way."

> Bevin Brillembourg, Carlson Wagonlit Travel

"Michele presents herself in a professional manner filled with energy, wit, and insight."

Ruth Pearson, University of Wisconsin-Green Bay

"A dynamic and consummate professional who understands business requirements."

> David Kliman, The Kliman Group

"Michele is without a doubt a leader and visionary."

Tracey Smith, CMP, CMM, American Express

"You made a lasting impact!"

Jane Pierce, Omni Houston Hotel







Coaching To Inspire Higher Performance—Michele Wierzgac, MSEd

"Leadership Solutions From The Lady On The Harley©"

Finish The Sentence:

- A good coach always:
- The role of a coach in an association is to:
- When I am being coached, I prefer:
- When I am being coached, I dislike:
- Some coaches are ineffective because:

COACHING SKILLS ASSESSMENT					
What I get paid for:					
The best coach I ever had was		because:			
My coaching strengths are:					
My hot buttons that keep from being a successful co	- - oach:				
	-				
Coaching skills I want to improve upon:	-				
	-				



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COACHING ATTITUDES ASSESSMENT

Listed below are several attitudes that can affect your success as a coach. Circle the number that you think best describes your personal attitudes as a coach.

	Rar	ely	So	ometim	es	Oft	en
I am genuinely interested in what my people do	1	2	3	4	5	6	7
I support the decisions my people make	1	2	3	4	5	6	7
I praise my people when they are suc- cessful	1	2	3	4	5	6	7
I encourage my people to think for themselves	1	2	3	4	5	6	7
I allow my people to participate in decisions	1	2	3	4	5	6	7
I encourage my people to work togeth- er as a team	1	2	3	4	5	6	7
I am able to remain objective when discussing problems	1	2	3	4	5	6	7
I look for the "good" in what people do rather than the "bad"	1	2	3	4	5	6	7
I display a positive attitude even when things are going wrong	1	2	3	4	5	6	7
I enjoy seeing my people be successful	1	2	3	4	5	6	7
I enjoy helping my people be success- ful even when they get more credit than I do	1	2	3	4	5	6	7



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COACHING ATTRIBUTES ASSESSMENT

Coaches who are successful display some basic attributes in their relationships with their people. Effective coaches focus on four activities described below. Use this work sheet to evaluate what you are currently doing and any improvements you may want to make.

ORIENTATION & TRAINING:
I have an orientation plan that I use with new people.
I have a training plan to teach new people their jobs.
Whether a person is new to the organization or just new to the team, orientation is necessary to give the person the right start. Orientation occurs during the first few days or weeks on the job. Training, on the other hand, is an ongoing activity. Use the space below to list any actions you need to take with regard to orientation and training.
DEVELOPMENT:
I have met with each of my people individually to discuss strengths, weaknesses and opportunities for improvement.
I have written development plans for each of my people that list specific activities and deadlines.
Development is not a hit or miss proposition. Effective coaches use a systematic method to develop their people. The development plan represents a commitment between the coach and the person. Effective coaches follow up on a regular basis to ensure that the person is being developed. Use the space below to list any actions you need to take the develop your people.



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SUPPORT & ENCOURAGEMENT:
I provide regular feedback, positive and corrective, to my people about their performance.
I provide resources, remove barriers, or work directly with my people to help them be successful.
Effective leaders know that when their people are successful, they will be successful. Regular support and encourage ment leads to enhanced confidence, new skills, and better overall performance. Use the space below to list any actions you need to take to provide support and encouragement to your people.
PERFORMANCE PROBLEMS:
I accept responsibility for helping my people with performance problems.
I use a systematic process to resolve performance problems.
Effective coaches help their people understand and overcome problems that get in the way of their best performance. They develop skills in dealing with performance problems. Use the space below to list any actions you need to take to improve your ability to handle performance problems.



	1 - 30 DAYS: SELF- ASSESSMENTS	31 - 60 DAYS: CREATE ACTIONABLE STEPS FOR IMPLEMENTATION	61 - 90 DAYS: ASSESS THE BENEFITS OFCOACHING
YOU (COACH)	Look at yourself. Analyze your answers to the coaching questions, Scenario, and Assessments (Coaching Skills, Attitudes, and Attributes)		How have these activities benefited you, the organization, and your team? How has your team reacted to your coaching activities and/or opportunities? (Must be measurable)
			What worked? What did not work? Why?
COACHEE	Look at your team. What kind of coach do they need? Why? What works for your-coaching style in relationship to your team and the organization's vision and goals?	Identify projects for your team to demonstrate their strengths. Provide each team member an opportunity to be a coach.	How have these coaching activities benefited your team, the organization, and yourself? How has your team reacted to their coaching activities and/or opportunities? (Must be measurable)
			What worked? What did not work? Why?

