











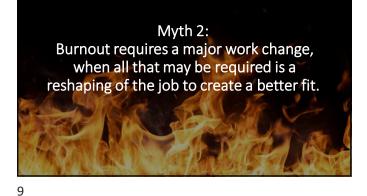
## LEARNING OBJECTIVES

- Identify the real challenge of employee burnout prevention
- Discuss what is employee burnout and what causes it
- 3. Identify ways to cure your employee burnout

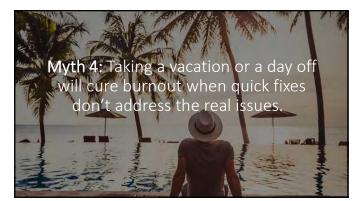
75% of workers have experienced burnout, with 40% saying they've experienced burnout specifically during the pandemic.













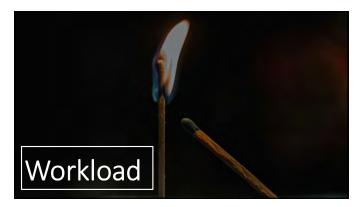
























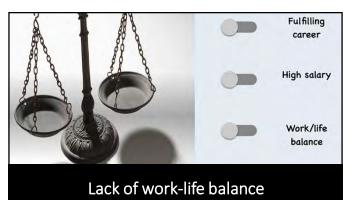












67% of all workers believe burnout has worsened over the course of the pandemic.



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Care	er
Liking what you do en	ich day and being
motivated to achi	eve your goals
Physical	Social
Having good health and	Having supportive
enough energy to get things 🍏 Weitweng is a done doily five eniment intern internet	ts = unit all Noted and
Community	Financial
Liking where you live, feeling	Managing your economic
safe and having pride in	life to reduce stress and



















