

## The CLARK Method: 5 Steps To Better Budgeting

- Calculate your income
- List your expenses
- Analyze your spending and set goals
- Record everything

Total Budget:

Dilling Cycle:

Knock out debt and build your savings

**HOW TO USE THIS WORKSHEET:** Plan your spending by setting a dollar amount for each budget category. Highlight "Needs Help" for categories you want to focus on. Record your actual spending at the end of the month. If you're satisfied with spending in a category, mark it as "Looks Good."

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BUDGET CATEGORY	PLANNED	ACTUAL	NEEDS HELP	LOOKS GOOD