



MIAMI COUNTY PARK DISTRICT'S 2020 TRAIL RUN CHALLENGE

5 K R A C E S E R I E S

It doesn't matter
if you walk or run,
follow the trail to
better health 

GENERAL RACE INFORMATION

- Courses will be marked for 10 days, dates are listed with race locations
- Our trails are open from 8:00 a.m. to sunset
- A course map will be posted at the park and emailed to all participants
- All races are 5K
- Social distancing guidelines must be followed - no large groups
- All participants who submit their time to Can't Stop Running Company will be entered into a drawing for a gift card to a local business
- Commemorative items are available this year, pick up will be at Can't Stop Running Company in Piqua, please see below for prices

REGISTRATION FEES:

REGISTRATION	Individual	Team*	Student
Individual Race	\$10	\$5	\$5
Series	\$20	\$20	\$20

*Must be on a team of 10 or more to be eligible for discount

Fees above do not include shirts - add on a commemorative shirt or buff for \$10 or a commemorative lightweight hoodie for \$15

FOR INFORMATION:

CALL: 937-335-6273
 EMAIL: MWEAVER@MIAMICOUNTYPARKS.COM
 VISIT: MIAMICOUNTYPARKS.COM

LOCATION

LOCATION	DATE
Hobart Urban Nature Preserve	June 12 - June 21
Lost Creek Reserve	July 10 - July 19
Stillwater Prairie Reserve *	August 7- August 16
Maple Ridge Reserve	September 18- September 27

* Race route will not cross the river this year.

There will not be a race at Charleston Falls Preserve this year, a new course has been added at Maple Ridge Reserve

HOW TO REGISTER:

ONLINE: CantStopRunningCo.com

BY MAIL: Make checks payable to:

Miami County Park District
Trail Run Challenge
 2645 E. St. Rt. 41 Troy, Ohio 45373

TEAM CHALLENGE:

This is a great way to get fit together! Make it part of your health and wellness program or as a team building activity. Details at MiamiCountyParks.com.

THANK YOU SPONSORS



NAME: _____ GENDER: F M

TEAM NAME: _____

PHONE: _____

AGE (RACE DAY): _____ BIRTHDATE: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT: _____

PHONE: _____

SHIRT SIZE: YM YL S M
 L XL 2XL 3XL Buff

RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series.

- Series Hobart Preserve Lost Creek Reserve
 Stillwater Prairie Reserve Maple Ridge Reserve

I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event.

SIGNATURE: _____

(Parent signature if entrant is under 18)